



Fact sheet Villages of Tuscany

General information

Name of the village	EQUI TERME hamlet FIVIZZANO
Province	Massa Carrara
Tourist information	AlterEco Cooperative Via Buca 46 Equi Terme (MC) www.visitequiterme.it E-mail: segreteria@lunigianasostenibile.it Tel.: +39 338 581 4482 The Visitor Center is accessible by ramp. N.B: In the same building there is the ApuanGeoLab Museum of Earth Sciences with interactive mechanical machines to discover the continuous transformations of our planet in geological times, earthquakes, the birth of mountains and much more. Here are some panels for the blind. Inside there are toilets accessible to people with disabilities.
Notes	For people with reduced mobility, it is recommended to visit the village with an electric drive or with the help of a companion. The roads can in fact be bumpy and not always easily accessible, as it is a medieval village.

TESTED BY: [Handy Superabile Social Promotion Association](#) in 2025

Please note: The following information refers to the date of verification shown at the bottom of each sheet. The Association is not responsible for any significant changes made by the property after the visit.

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Description



The village of **Equi Terme** is located 284 m above sea level, perched at the foot of the northern Apuan Alps, in the highest part of the valley of the Lucido stream, falls within the Municipality of Fivizzano, Lunigiana and the Regional Park of the Apuan Alps.

The town is divided into two parts, the ancient part dominated by the church and its bell tower, with stone houses, steep and winding cobbled alleys and vaulted galleries, located on the rocky coast on the left bank of the Lucido River and the modern town that developed on the opposite bank starting from the early twentieth century with the opening of the baths and the construction of the railway.

The territory of Equi is under various landowners over time: from Spinetta the Great in the Middle Ages to the Marquises of Fosdinovo to the Florentine Republic. In 1726 it was

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already included in the territory of Fivizzano, whose fate it followed. The **Terme di Equi** are located in the fascinating scenery of the Regional Park of the Apuan Alps.

The spring, already known by the ancient Romans, was exploited, with the construction of the historic spa, commissioned at the end of the nineteenth century by the engineer Carlo Tonelli.

The waters flow at an average temperature of 23°C (hypothermal) and boast an extraordinary healing and regenerating power.

They are particularly suitable for the treatment of diseases of the respiratory and otorhinolaryngiatric systems, skin diseases, the musculoskeletal system, as well as for the treatment of chronic vasculopathies and phlebopathies.





How to reach Equi Terme

By car	Easily accessible by car thanks to the proximity of the A15 motorway Parma-La Spezia (Cisa Autocamionale). From the North (Parma, Milan, Bologna) • Take the A1 motorway towards Bologna. • At Parma Ovest, take the A15 motorway towards La Spezia. • Exit at Aulla and follow the signs for Fivizzano, then turn right when you find the signs for Equi Terme. From the South (Florence, Pisa, La Spezia) • From Florence, take the A11 motorway to Lucca and then continue on the A12 towards La Spezia. In La Spezia, take the A15 motorway towards Parma. Exit at Aulla and follow the signs for Fivizzano then turn right when you find the signs for Equi Terme. • From Pisa or Livorno, follow the A12 motorway directly to La Spezia. In La Spezia, take the A15 motorway towards Parma. Exit at Aulla and follow the signs for Fivizzano then turn right when you find the signs for Equi Terme.
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By plane	The preferred airport for Pitigliano is: Florence Airport located 105 km from Equi.
Eventual notes	- From Pisa, you can take a rental car or taxi to reach the Aulla exit via the A12 motorway and then the A15 and then continue to Fivizzano then turn right when you find the signs for Equi Terme. - Alternatively, you can take a train from Pisa Station to La Spezia and then a regional train to Aulla and then continue as indicated above.
Assistance service for people with disabilities	Yes
Embarkation/disembarkation of passengers with reduced mobility	With courtesy chair and ambulift/finger
Tactile paths for the blind and visually impaired	Yes
There is a toilet room accessible with grab handles	Yes
By train	
Nearest station	Aulla 22 km
Assistance service for people with disabilities	Yes, on request at least 12 hours in advance, through: 800 90 60 60 toll-free number from a landline in Italy 02 32 32 32 from landlines and mobile phones, even from abroad (at the ordinary rate) By e-mail to the Blue Room of reference in this case: salablu.firenze@rfi.it Go to the website for more information: www.rfi.it

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Blue Hall Reference	Florence
Carriage access	By forklift
There is a toilet room in the station accessible with grab handles	Yes
By public and private transport	
Nearest bus stop	Via Noce Verde
Presence of adapted buses with ramp	At autolinee toscane For all urban and suburban Tuscan municipalities and cities, with the exception of the urban line of Florence, which is always equipped with accessible vehicles, it is necessary to request an adapted bus with a platform, 48 working hours in advance, at the Toll-free number for people with reduced mobility: 800 14 24 25 hours 8:00 20:00 or on the website: www.at-bus.it in the section: TRAVEL - ACCESSIBILITY - HOW TO BOOK - all the information - by filling out the online form. The platforms are enabled for the ascent or descent of standard wheelchairs (112x70x109 cm) and a maximum capacity of 300 kg Other contact details: Toll-free number: 800 14 24 24 hours 6:00 24:00 Landline: 055 51351 6:00 24:00
Presence of taxis with adapted ramp	No

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Parking

Public parking nearby	No, but free parking is located in Via delle Terme, 55 and in Via della Stazione. Both parking lots do not have stalls reserved for people with disabilities.
Type of public parking floor	asphalt
Presence of parking space reserved for people with disabilities	NO



Figure 1 Parking via della Stazione





Pathway from the car park to the entrance

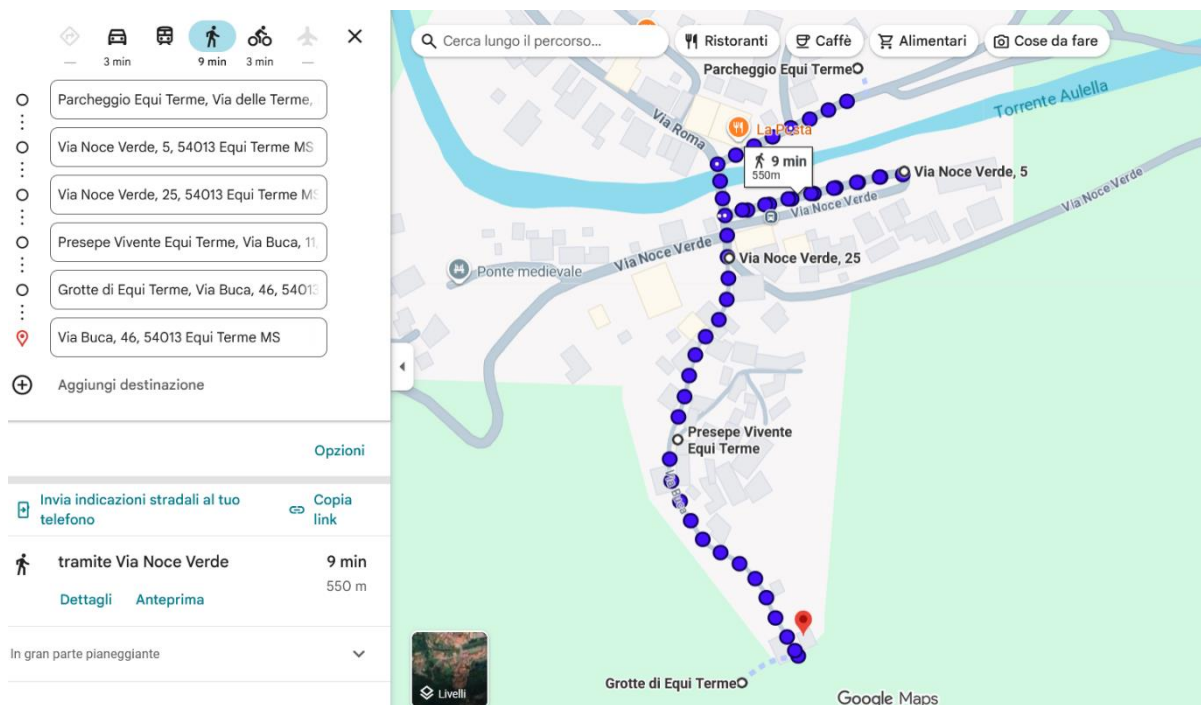
Pathway from the car park to the starting point	About 50 meters on asphalt with an uphill slope to reach the bridge over the Aulella stream.
Distance from parking to entrance	50 m
Type of trail surface	Asphalt
There are indicators and tactile maps	No



Figure 2 road from the station parking lot to Via Noce Verde



Description of the itinerary



Length	About 550 meters
Along the itinerary there are maps and tactile signs for the blind	No
Eventual notes	The route has very steep climbs and descents on uneven pavement, so the help of a companion is required, the electric engine may not be sufficient.

The itinerary starts from via Noce Verde, immediately after the bridge. On the left, there is a flat path that leads to the Baths. The thermal baths are only open during the warm

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season, approximately from May to October. The thermal waters, in addition to being indicated for the treatment of diseases of the respiratory and otorhinolaryngiatric system, skin diseases, the locomotor system, as well as for the treatment of chronic vasculopathies and phlebopathies, promote the penetration of mineral salts essential for the functioning of the body. The pools are fed by a continuous jet of thermal water, one for adults oval (40m by 14m, with a depth ranging from 1.20m to 2.20m) and one for children (16m by 8.0m, with a depth ranging from 60 cm to 150 cm). Sunbeds, umbrellas, tables and gazebos are offered.

The treatments are affiliated with ASL: inhalations, aerosols, nebulizations, nasal showers or irrigations, thermal baths in a tub from 36° to 39° C, general and localized hydromassage with thermal water and massages. Entry into the water is possible for a person with a disability in a wheelchair through transfer to a hydraulic seat that can enter the water.

Continuing on Via Noce Verde to enter the village, take the street on the right, Via Buca which will lead you to the area where the living nativity scene is set up during the Christmas period and to the caves. Along the way there is **the Digital Museum of Local Identity** with an interactive touchscreen that tells the activities that have characterized the lives of the inhabitants of the Lucido Valley and the **Equi Caves**. The caves are not accessible while the **Museum of the Caves** also allows people with motor disabilities to visit. Inside **the prehistoric Tecchia**, an archaeological and paleontological site of international renown set up with display cases containing real finds directly in the excavation area and the **Archaeological Museum** containing the faithful reproduction of the gigantic cave bear, a whole skeleton of an adult bear, those of two newborns and other finds that tell the story of the excavations in the nearby prehistoric Tecchia.

Accessibility:

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The route from Via Noce Verde to the village is characterized by very steep climbs so you need the help of a well-structured guide, the electric engine may not be enough.

Digital Museum of Identity: Not accessible due to the presence of 2 steps.

The **Equi Caves** are partially accessible to people with disabilities in wheelchairs due to the presence of stairs. Entry is only possible in the first siphon passing through a secondary input.

The Museum of the Caves is accessible on the floor and to reach the lower floor there is a stairlift.



Figure 3 Via Noce Verde



Figure 4 path on the left that leads to the thermal baths



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Figure 5 Thermal baths entrance



Figure 6 Pools of the Thermal Baths



Figure 7 Swimming pool Spa



Figure 8 Hydraulic Seat

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Figure 9 road leading to the village



Figure 10 Via Buca



Figure 11 via Buca

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Figure 12 Via Buca



Figure 13 Via Buca



Figure 14 Via Buca

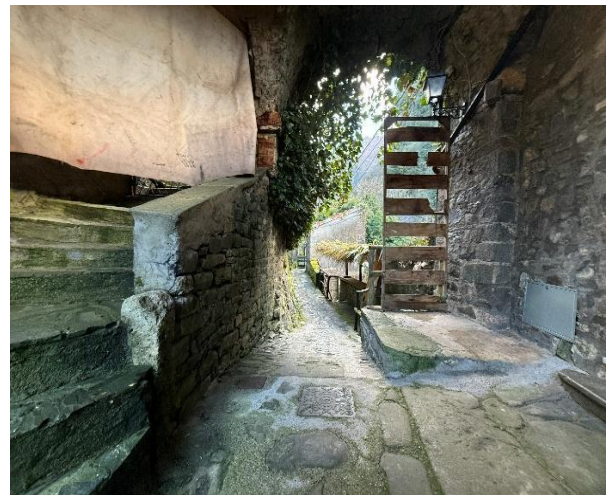


Figure 15 Via Buca





Figure 16 Digital Museum touchscreen



Figure 17 Natural landscape



Figure 18 Natural landscape



Figure 19 The Grotto



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Figure 20 Museum of the Caves

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Events

In Equi Terme the main events are the **Living Nativity Scene**, and **Borgo DiVino**.

Living Nativity Scene: It is held every year during the Christmas period (from 25 to 28 December), with figures in the historic village and short special evening visits to the Equi Caves.

Borgo DiVino: An autumn event (end of September) dedicated to tastings of wines and typical local products, with routes in stages through the streets of the town and the caves.



62 poster Pienza in fiori



Figure 21 poster borgo DiVino

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Accessible public places

In the village of Equi Terme, the following Bar has been taken over.

La Posta Bar – No equipped toilets

See details below:

LOCAL	Bar La Posta
Room type and name	BAR
Location	Via Roma in Equi Terme, 11 b
How to access the premises	By means of a step that can be overcome with a removable ramp for which the help of a companion is required. The toilets inside the bar are not accessible to people with disabilities in wheelchairs, the spaces are small and the doors open too small.
Type of door	Opens inwards
Type of handle	Vertical bar
Types of tables	Central Gamba
Space under floor tables	sufficient
Accessible toilet	NO

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Figure 22 Bar entrance



Figure 23 Tables



Figure 24 washbasin and mirror



Figure 25 toilet without grab bars





Communal toilets

There is an accessible toilet	At the time of the visit, the Visitor Center was not open, where the common toilets accessible to people with disabilities in wheelchairs are located. The Centre is located after the bridge on the right.
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Medical practices/healthcare facilities

Hospitals near the property	Sant'Antonio Abate Hospital Via Don Gnocchi, 1 Fivizzano. 17 km away Switchboard + 39 0585/9401
Dialysis facilities	Dialysis centre on holiday: Sant'Antonio Abate Hospital Via Nazionale 54027 Pontremoli. Switchboard + 39 0187 462211. Nursing contact + 39 0187 462332 Email: dialisi.pontremoli@usltoscananordovest.to scana.it





Other healthcare facilities	Emergency medical service (single European number for non-urgent care) 116117. At this number, callers are geolocated and telephone interpretation is available in 20 different languages and support for visually impaired users or those with reduced listening skills. In emergency situations, the call will be transferred to the single number 112. Don Gnocchi Foundation: Offers specialized and rehabilitation services Via Don Carlo Gnocchi, Fivizzano (MS) E-mail: info.fivizzano@dongnocchi.it
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